



GERMANY  
BREMEN

December 3-5

2026

Pre MasterClass  
Cadaver Course  
December 2, 2026

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**8.** SOAP-  
Meeting

STATE OF THE ART IN  
PLASTIC SURGERY

Congress President:  
**Prof. Dr.  
C. Can Cedidi**

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## Highlights 2026

**1. Visionary Discussions with Global Pioneers**

**2. Roundtable Session - COMPLICATIONS BREAST**

**3. AI - SOAP FUTURE INNOVATION PANEL**

**4. Abstract Session - INNOVATION FROM BEYOND BORDERS**

**5. IMC-Course**



*We look forward to welcoming you to Bremen for this extraordinary gathering - it's an event you won't want to miss!*



**Prof. Dr. C. Can Cedidi**  
Congress President

# The 8<sup>th</sup> SOAP 2026: A New Version. A New Era.

## The Future of Plastic Surgery Begins Here.

Following the tremendous success of our SOAP Meeting – Summer Edition 2025, we are thrilled to invite you to the 8th SOAP Meeting – Winter Edition 2026, with the exceptional charm of the **Bremen Christmas Market**, while stepping into the future of Plastic Surgery in combination with aesthetic treatments.

## THE FUTURE IS NOW

The SOAP-Congress has garnered a reputation as one of the premier live surgery meetings in the field of Aesthetic Plastic Surgery worldwide.

However, SOAP 2026 with its new version will mark the dawn of a new era in Aesthetic Plastic Surgery, where innovation meets intelligence and opens its doors for more interdisciplinary.

Experience the transformative fusion of advanced surgical artistry, AI-driven innovation, and next-generation treatment strategies shaping the future of our field.

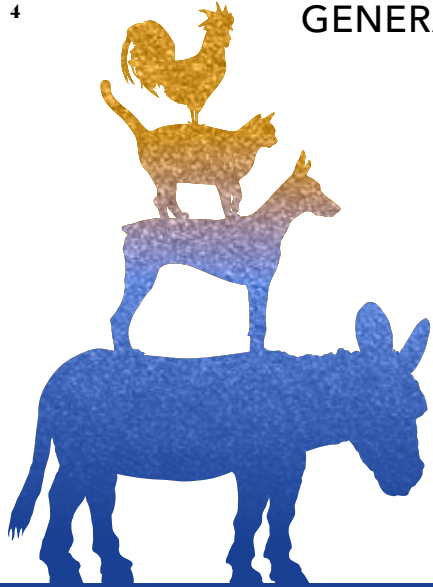
SOAP 2026 will deliver an unprecedented 4-day journey presented by an elite international faculty.

## A WORLD-CLASS EXPERIENCE FOR ALL

Witness live surgeries streamed directly from our operating theatre featuring Facial Plastic Surgery, Body Contouring, Breast Surgery, and Exceptional Techniques — performed by leading experts from around the globe. Engage directly with surgeons, dermatologists and aesthetic experts, ask questions in real time, and be part of the conversation defining the next frontier of Plastic Surgery.

“We combine plastic surgery with aesthetic treatments to care for our patients on both a major and minor scale, complementing surgical procedures with minimally invasive techniques to achieve optimal results. Interdisciplinary and forward-thinking, we look beyond conventional boundaries as we take the next step into the future.”

## GENERAL CONGRESS INFORMATION



### Pre-Congress Date

December 2, 2026



### Congress Dates

December 3- 5, 2026



### Congress Venues

+ UMCG Groningen  
+ Parkhotel Bremen

### Congress President

Prof. Dr. C. Can Cedidi  
Clinical Director of Clinic for Plastic,  
Reconstructive & Aesthetic Surgery  
Klinikum Bremen-Mitte GmbH

## OUR VENUES 2026

Wednesday



**December 2, 2026**  
**Masterclass Cadaver Courses**

**Start at 6:00 am**  
**Main Entrance Parkhotel Bremen** – we will drive together via bus transfer to Groningen, Netherlands

Address:  
University Medical Center Groningen - UMCG  
Hanzeplein 1 - P.O. Box 30.001  
9700 RB Groningen  
The Netherlands

### Congress secretariat



Melanie Pelkner



Dr. Heba Osama Mahmoud



Dr. med. Christine Gärtner



Dr. Dilara Orak



Dr. Gülbin Sosur

December 3-4, 2026

Scientific Program

**Live-Surgery Congress Lectures, Live-Surgery,  
Meet the Experts & an industrial exhibition**

**Start: 8:00 am**

Address:  
Parkhotel Bremen  
Hommage Luxury Hotels Collection  
Im Bürgerpark  
28209 Bremen

Thursday & Friday



### Congress Organisation & Management

Alexandra Stephan

LOGI-VENT GMBH

Industriestraße 11, 27211 Bassum

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Ramona Zielinski ·

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Saturday



**December 5, 2026**  
**Post-Congress - Workshops**  
**in small groups and international experts**

**Start: 9:30 am**

**NEW:** We will stay with all Workshops at the Congress Venue : Parkhotel Bremen

The speakers  
will not be  
provided  
with any fees  
or special  
services.

# INVITED EXPERTS

Prof. Dr. C. Can Cedidi  
Congress President  
Bremen · Germany

Clinic director | Klinik für Plastische,  
Rekonstruktive und Ästhetische  
Chirurgie | Klinikum Bremen-Mitte



Dr. Ahmed Abdelaziz  
Cairo · Egypt

Director Private Z Clinic  
Cairo Face Scientific Committee



Dr. Gustavo Abrile  
Iguazu · Argentina

Director Clinica de  
Cirugia Plastica



Dr. Nuri Alamuti  
Wiesbaden · Germany

Director Private Clinic  
Alamuti and Scholz



Prof. Dr. Afzaal Bashir  
Pakistan

Head of the Department at Allied  
Burn and Plastic Surgery Center,  
University of Faisalabad Pakistan



Dr. Teoman Dogan  
Istanbul · Turkey

Private Clinic



Prof. Dr. Adrian Dragu  
Dresden · Germany

Director for Plastic and  
Hand Surgery  
Universitätsklinikum  
Carl Gustav Carus



Prof. Mohamed A. Ellabban  
Ismailia · Egypt

Professor of Plastic and  
Reconstructive Surgery, Faculty  
of Medicine, Suez Canal  
University



Dr. Serdar Eren  
Istanbul · Turkey

Director of Health and  
Aesthetics Center  
Istanbul



Assoc. Prof. Dr. Matthias Aust  
Landsberg am Lech · Germany

AUST AESTHETIK  
Private clinic for plastic and  
aesthetic surgery



Dr. Eva-Maria Baur  
Murnau am Staffelsee,  
Germany

Practice for Plastic Surgery and  
Hand Surgery  
ICOPLAST Treasurer



Dr. Catherine Bergeret-Galley  
Paris · France

Past President French Society of  
Plastic Surgery



Dr. Eckart Buttler  
Munich · Germany

Director Private Clinic  
Functional and Aesthetic Plastic  
Surgery of the Nose



Dr. med. Dr. med. dent.  
Wolfgang Funk  
München · Germany

Director Private Clinic  
Schönheitsklinik Dr. Funk



Dr. Amir Farhang  
Gharagozlou  
Bremen · Germany

SBS - Skin & Body  
Sculptors Bremen



Prof. Dr. Gunther Felmerer  
Göttingen · Germany

University Medicine Göttingen  
Clinic for Trauma Surgery,  
Orthopedics, and Plastic  
Surgery



Dr. Christine Gärtner  
Bremen · Germany

Klinikum Bremen-Mitte



Prof. Dr. Mario  
Pelle Ceravolo  
Rome · Italy

Director of Private clinic Studio  
Medico Pelle Ceravolo



Prof. Dr. Nazim Cerkes  
Istanbul · Turkey

Past President of ISAPS and  
Rhinoplasty Society of Europe



Prof. Dr. Cenk Demirdöver  
Izmir · Turkey

Past President Turkish Society for  
Plastic, Reconstructive and Aesthetic  
Surgery | Director of Plastic and  
reconstructive Surgery 9. Eylül  
University



Prof. Dr. M. Deniz Demiryürek  
Ankara · Turkey

TED University



Dr. Samir Ghoraba  
Dubai · UAE

Consultant Plastic Surgeon  
CairoFace President



Prof. Dr. Wolfgang Gubisch  
Stuttgart · Germany

Retired  
1st president of the Rhinoplasty  
Society of Europe (RSE).



Dr. Alexander Philip Hilpert  
Düsseldorf · Germany

Director Private Clinic  
Past President of DGÄPC



Dr. Steffen Handstein  
Dresden · Germany

Practice Königspark

The speakers  
will not be  
provided  
with any fees  
or special  
services.

# INVITED EXPERTS



**Dr. Alexander P. Hilpert**  
Düsseldorf · Germany

Private Clinic for Plastic Surgery



**Prof. Dr. Dr. h. c.  
Raymund E. Horch**  
Erlangen · Germany



**Dr. Amin Kalaaji**  
Oslo · Norway

Director of Oslo Plastikkirurgi Clinic  
Past President of the Norwegian  
Society of Aesthetic Plastic Surgery



**Dr., MD, PhD Kai O. Kaye**  
Malaga · Spain

Ocean Klinik  
ISAPS Board Member



**Univ. Prof. Dr. Christine Radtke**  
Vienna · Austria

Medical University of Vienna



**Prof. Dr. Matthias  
Reichenberger**  
Heidelberg · Germany

Ethanium Kliink



**Dr. Mike Ruettermann**  
Groningen · Netherlands

Clinic for Plastic Surgery  
Groningen  
Head of dissection, Groningen



**Prof. Dr. Cemal Senyuva**  
Istanbul · Turkey

Director of Private Clinic



**Dr. Ahmed Khashaba**  
Cairo · Egypt

Icoplast - Past President  
Dar Alfouad Hospital



**Prof. Dr. Karsten Knobloch**  
Hannover · Germany

Sport Practice Hannover



**Dr. Paraskevas (Vakis) Kontoes**  
Athen · Greece

Plastic Reconstructive and Aesthetic Surgeon | ISAPS President  
Elect & Visiting Professor | Inv.  
Prof. Medical School - University  
of Liege - Belgium



**Prof. Milomir Ninkovic**  
Cepin · Croatia

IMC Piora



**Dr. Gülbin Sosur**  
Bremen · Germany

Klinikum Bremen-Mitte  
Clinic for Plastic Surgery,  
Bremen



**Prof. Dr. Zekeriya Tosun**  
Selcuk · Turkey

Vice President of the Turkish  
Society for Plastic, Reconstructive  
and Aesthetic Surgery, Head of  
Departement University Selcuk



**Prof. Dr. Alexis Verpaele**  
Ghent · Belgium

Co-Director TONNARD &  
VERPAELE Clinic



**Dr. Uwe von Fritschen**  
Berlin · Germany

Director and Chief of Plastic,  
Reconstructive and Aesthetic  
Surgery | HELIOS Klinikum  
Berlin Emil v. Behring



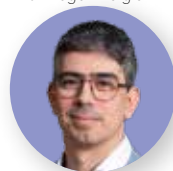
**Prof. Dr. Ernst Magnus Noah**  
Kassel · Germany

Chief Physician Noah Clinic  
Specialist for Plastic and  
Aesthetic Surgery



**Dr. Heba Osama Mahmoud**  
Bremen · Germany

Gesundheit Nord



**Dr. Mesut Pasha**  
Kantonsspital Baselland ·  
Switzerland

Chief of the Division Facial  
Plastic Surgery and ENT



**Prof. Dr. Lukas Prantl, MD,  
PHD, MHBA, FACS**  
Regensburg · Germany

Director of Plastic and Aesthetic  
Surgery University Hospital  
Past President DGPRAC



**Dr. Peter Velthuis**  
Rotterdam · Netherlands

Velthuis Clinic  
President of European Society  
for Cosmetic and Aesthetic  
Dermatology (ESCAD)



**Dr. med. Fabian Wolfrum**  
Bremen · Germany

Plastic and Aesthetic Surgery  
"activo" - Roland-Clinic



**Prof. Dr. Akin Yücel**  
Istanbul · Turkey

Director of Private Practice Prof.  
Dr. Akin Yücel  
Past President Turkish Society  
for Plastic, Reconstructive and  
Aesthetic Surgery



**Prof. Dr. med. Markus Zutt**  
Bremen · Germany

Klinikum Bremen Ost  
Clinical Director of  
Dermatology, Dermato-  
Surgery, Dermato-Oncology,  
Allergology

**10 MASTERCLASS  
CADAVER COURSE**

**MEET THE  
EXPERTS!**

Wednesday  
December 2, 2026

Cadaver Live Dissections  
Guidelines for the  
dynamic areas of the face



**FULL-DAY-CADAVER  
COURSE WITH:**

**1 SPEAKER/  
OPERATOR**

**2 PARTICIPANTS**

**1 OBSERVER**

**LIMITED  
SEATS**

Program Master Class Dissection Course SOAP	
6.00	Transfer to Groningen
8.30	Welcome with coffee and cake
9.00 - 10.00	Theory Session: Facelift - Necklift (Approaches etc.)
10.00 - 13.00	<b>AM-Session:</b> Cadaver dissection by participants under faculty supervision
13.00 - 13.45	<b>Lunch</b>
13.45 - 14.30	Theory Session: Rhinoplasty - Structure vs. preservation Minimal invasive?
14.30 - 17.00	<b>PM-Session:</b> Cadaver dissection by participants under faculty supervision
17.30	Transfer to Bremen

**TOPICS COVERED**

- Facelift Approaches:** MACS lift and Deep plane Facelift Forehead and Neck, Rhytidectomy
- Rhinoplasty:** Open Septorhinoplasty: Basic Concepts, Tip sculpting, Advanced Techniques
- Blepharoplasty:** Upper and Lower Lid Blepharoplasty
- Ear Correction:** Otoplasty, Position or Size of the ears - Correction of Outer Auricle
- 3 Dimensional Facelift:** Non-Surgical Facial Rejuvenation (Augmentation, Thread lifting and more)

**10:00-13:00 AM Session**

- AM 1 Facelift Approaches
- AM 2 Facelift Approaches
- AM 3 Facelift Approaches & Ear
- AM 4 Facelift Approaches - Role of Blepharoplasty
- AM 5 Rhinoplasty

**14:00-17:00 PM Session**

- PM 1 Facelift Approaches
- PM 2 Facelift Approaches
- PM 3 Facelift Approaches & Ear
- PM 4 Facelift Approaches - Role of Blepharoplasty
- PM 5 Rhinoplasty

**Organisation and Support on-site  
by UMCG and Dr. Mike Ruettermann**

The price will cover a full-day-cadaver course, the transfer and catering!  
(Because of organisational reason, half-day cadaver course is actually not provided).

The places are limited to: 10 Participants and 5 Observer

## SCIENTIFIC PROGRAM – THURSDAY

Program subject to changes


## December 3, 2026 Main Lecture Hall

Start	End	
8:00	8:15	Opening Ceremony
8:00	8:15	Welcome & Opening Remarks Prof. Dr.C. Can Cediti
8:15	10:15	Session 1: FACELIFT
		 <b>Operation 1 - Facelift</b> Serdar Eren
		<b>Operation 2 - Facelift</b>
8:15	8:35	Live from the Surgery
8:35	8:45	Beyond the Surgical Plane - Layered Facial Rejuvenation from Skin to Bone KAI O. KAYE
8:45	8:55	Updates und New Insights in Facial Reconstruction CHRISTINE RADTKE
8:55	9:10	Live from the Surgery
9:10	9:20	Loose Skin: A Strong Challenge in Facial Rejuvenation Surgery MARIO PELLE CERAVOLO
9:20	9:30	Lipomodeling and Micro, Nano and SNIF Fat Grafts for Facial Rejuvenation CEMAL SENYUVA
9:30	9:45	Live from the Surgery
9:45	9:55	From Hemostasis to Perfusion: A Case Study of the Auwerswald Net Combined with ICG Imaging in Facelift Surgery G
9:55	10:05	Beyond the surgical plane - layered facial rejuvenation from skin to bone
10:05	10:15	Discussion
10:15	10:45	Coffee Break in the Exhibition Area

## SCIENTIFIC PROGRAM – THURSDAY

Program subject to changes

## December 3, 2026 Main Lecture Hall

10:45	11:45	Session 2: Rhinoplasty
		 <b>Operation 3 - Augmentation Mastopexy</b>
		<b>Operation 4 - Open approach Rhinoplasty</b> Nuri Alamuti
10:45	11:00	Live from the Surgery
11:00	11:10	Teorhinoplasty (20 Steps) TEOMAN DOGAN
11:10	11:20	Powered Instruments in Rhinoplasty MESUT PASHA
11:20	11:30	What I Changed for the Past 5 Years in Rhinoplasty ZEKERIYA TOSUN
11:30	11:40	Powered Instruments in Rhinoplasty MESUT PASHA
11:40	11:50	Live from the Surgery
11:45	12:50	Session 3: Breast I
11:45	11:55	Augmentation Mastopexy; Markings and the Submuscular Pocket Stabilization CEMAL SENYUVA
11:55	12:05	BIA-ALCL and Genetic UWE VON FRITSCHEN
12:05	12:20	Live from Surgery
12:20	12:30	Lecture
12:30	12:40	Lecture
12:40	12:50	Live from Surgery
12:50	13:45	Lunch Break in the Exhibition Area

## December 3, 2026 Main Lecture Hall

13:45 15:00 Session 4: BREAST II



LIVE-OP

**Operation 5: Liposculpture**

13:45 14:05 Live from the Surgery

14:05 14:15 Mammareduction Made Safe and Easy RAYMUND E. HORCH

14:15 14:25 Minimally Invasive Breast Enhancement CENK DEMIRDÖVER

14:25 14:35 Managing Inframammary Fold Descent, Double Bubble, and Breast Shape Distortions MATTHIAS REICHENBERGER

14:35 14:45 3D Printed Personalized Implants in Pectus Excavatum CHRISTINE RADTKE

14:45 15:00 Live from the Surgery

15:00 15:30 Coffee Break in the Exhibition Area

15:30 16:30 Session 5: REGENERATIVE SURGERIES • Level Expert Sessions

15:30 15:40 The Important Role of Adipose Tissue as a Therapeutic Target in Facial Aging DENIZ DEMIRYÜREK

15:40 15:50 Regenerative Techniques for Anti-aging Purposes: Tips and Tricks ZEKERIYA TOSUN

15:50 16:00 Lecture

16:00 16:10 Mechanically Isolation of Mesenchymal Stem Cells, an Unhaunted Technique for Plastic Surgeons AFZAAL BASHIR

16:10 16:20 New Frontier in Plastic and Aesthetic Regenerative Surgery and Fat Grafting. Clinical Application and Techniques. From Tip to Toe AMIN KALAAJI

16:20 16:30 Q &amp; A

## December 3, 2026 Main Lecture Hall

16:30 16:40 Coffee Break in the Exhibition Area

16:40 18:00 Roundtable - COMPLICATIONS BREAST

**Lectures & Cases****Complication Management in Augmentation Mastopexy, Breast Implants Change or Breast Reduction**

This session aims to discuss and share insights on the management of complications. Participants will engage in an interactive dialogue, sharing experiences, strategies, and best practices to enhance patient outcomes and minimize risks associated with procedures in this sensitive area.

18:00 End of the Day

## SCIENTIFIC PROGRAM – FRIDAY

Program subject to changes

## December 4, 2026 Main Lecture Hall

Start	End	
7:50	8:00	Welcome
7:50	8:00	Welcome Prof. Dr.C. Can Cedidi
8:00	9:20	Session 6: <b>SPECIAL CASES - PLASTIC SURGERY LIVE on the SCREEN</b>
8:00	8:10	Video on Tape: Tips & Tricks for Applying the Central Pedicle Technique in All Mammoplasty Procedures - <b>SERDAR EREN</b>
8:10	8:20	Video on Tape: Case 2
8:20	8:30	Video on Tape: Case 3
8:30	8:40	Video on Tape: Breast Reconstruction with Free DIEP Flaps <b>RAYMUND E. HORCH</b>
8:40	8:50	Video on Tape
8:50	9:00	Discussion
9:00	9:15	Short Break in the Exhibition Area
9:15	10:00	Session 7: <b>Abstracts - INNOVATION FROM BEYOND BORDERS</b>
9:15	9:20	Abstract 1
9:20	9:25	Abstract 2
9:25	9:30	Abstract 3
9:30	9:35	Abstract 4
9:35	9:40	Abstract 5
9:40	9:45	Abstract 6
9:45	10:00	Discussion & Voting

## SCIENTIFIC PROGRAM – FRIDAY

Program subject to changes

## December 4, 2026 Main Lecture Hall

10:00	10:30	Coffee Break in the Exhibition Area
10:30	12:00	Session 8: <b>BREAST &amp; BODY PART III</b>
10:30	10:40	Lower Body Fit, in Post-Bariatric Patients <b>GUSTAVO ABRILE</b>
10:40	10:50	The Submandibular Gland: An Uncomfortable Presence in the Neck <b>MARIO PELLE CERAVOLO</b>
10:50	11:00	Intimate Female Genital Rejuvenation Surgery Techniques: A Study in 576 Procedures. How to Optimize Results and Avoid Complications <b>AMIN KALAAJI</b>
11:00	11:10	All-In-One Gender Reassignment Surgery Concept for Female to Male Transgender Patients <b>STEFFEN HANDSTEIN</b>
11:10	11:20	Mastectomy in Male-to-Female Transsexuality <b>UWE VON FRITSCHEN</b>
11:20	11:30	Different techniques in breast augmentation What's the way to go for a happy patient? My strategy in patient selection, technique & implant choice <b>MATTHIAS AUST</b>
11:30	11:40	Upper Body Fit, in Post-Bariatric Patients <b>GUSTAVO ABRILE</b>
11:40	11:50	No Implants Needed? Autologous Fat for Primary and Secondary BA <b>KAI O. KAYE</b>
11:50	12:00	Discussion

## SCIENTIFIC PROGRAM – FRIDAY

Program subject to changes

December 4, 2026 Main Lecture Hall

12:00 13:00 Session 9: AI &amp; Future Innovation Panel

12:00 13:00 SOAP AI & FUTURE INNOVATION PANEL  
Integrating AI in our specialist are a will be essential for the future.

13:00 14:00 Lunch Break in the Exhibition Area

14:00 16:00 Session 10: FACE - AESTHETICS - LIVE

14:00 14:30 Live Demo 1 - AUGMENTATION- LOWER FACE

14:30 14:40 Surgical Anatomy of Lower Face and Neck - Implications for a Personal Approach to Facial Rejuvenation STEFFEN HANDSTEIN

14:40 14:50 From Hemostasis to Perfusion: A Case Study of the Auwerswald Net Combined with ICG Imaging in Facelift Surgery Gu

14:50 15:15 Live Demo 2 - AUGMENTATION - MIDDLE FACE

15:15 15:25 Lecture

15:25 15:35 Mesenchymal Stem Cell Based Craft Work for Facial Aesthetics an RECONSTRUCTION AFZAAL BAHIR

15:35 16:00 Live Demo 3 - BOTULINUMTOXIONS - EFFECTIVE Treatment

16:00 16:30 Short Break in the Exhibition Area

## SCIENTIFIC PROGRAM – FRIDAY

Program subject to changes

December 4, 2026 Main Lecture Hall

16:30 18:00 Visionary Discussions with Global Pioneers on „Rhinoplasty“



### Expert Panel Discussion on Rhinoplasty with Case Studies

Join us for an engaging panel discussion featuring 12 leading experts in the field of Rhinoplasty. This session will delve into the latest techniques, challenges, and outcomes associated with Rhinoplasty, illustrated by real-life case studies. Participants will have the opportunity to gain invaluable insights from the experts' experiences, best practices, and innovative solutions.

18:15 18:15 End of the Day

## SPECIAL AESTHETIC PROGRAM – FRIDAY

Program subject to changes

**December 4, 2026 Room Roland**

Start	End	
8:00	10:00	EBD: Aesthetic Treatments
8:00	8:15	Topic 1
8:15	8:30	Topic 2
8:30	8:45	Topic 3
9:00	9:15	Topic 4
9:15	9:30	Topic 5
9:30	9:45	Topic 6
9:45	10:00	Discussion
10:00	10:30	Coffee Break in the Exhibition Area
10:30	13:00	Body & NECK : Rejuvenation & Regenerative
10:30	10:45	Topic 1
10:45	11:00	Topic 2
11:00	11:15	Topic 3
11:15	11:30	Topic 4
11:30	11:45	Topic 5
11:45	12:00	Topic 6
12:00	12:15	Topic 7
12:15	12:30	Topic 8
12:30	12:45	Topic 9
12:45	13:00	Discussions
13:00	14:00	Lunch Break in the Exhibition Area

## SPECIAL AESTHETIC PROGRAM – FRIDAY

Program subject to changes

**December 4, 2026 Room Roland**

Please visit our Main Lecture Hall for our LIVE DEMONSTRATIONS	
14:00	16:00 Session 10: FACE - AESTHETICS - LIVE
14:00	14:30 Live Demo 1 - AUGMENTATION- LOWER FACE
14:30	14:40 Surgical Anatomy of Lower Face and Neck - Implications for a Personal Approach to Facial Rejuvenation STEFFEN HANDSTEIN
14:40	14:50 Lecture
14:50	15:15 Live Demo 2 - AUGMENTATION - MIDDLE FACE
15:15	15:25 Lecture
15:25	15:35 Mesenchymal Stem Cell Based Craft Work for Facial Aesthetics an RECONSTRUCTION AFZAAL BAHIR
15:35	16:00 Live Demo 3 - BOTULINUMTOXIONS - EFFECTIVE Treatment
16:00	16:30 Break in the Exhibition Area
16:30	18:00 Outpatient Surgery - Aesthetic Surgery vs. Plastic Surgery
16:30	16:45 The Science of Beauty—An Introduction to Aesthetic Surgery AMIN KALAAJI
16:45	17:00 Explantation after Augmentation and Augmentation-Mastopexy: Going Flat, Lifting or Rebuilding MATTHIAS REICHENBERGER
17:00	17:15 Vascular Tumors and Malformations- Differential Diagnosis and Therapy" MARKUS ZUTT
17:15	17:30 Topic 4
17:30	17:45 Topic 5
17:45	18:00 Discussion
18:00 End of the Day	

# IMPRESSIONS

FROM THE LAST YEARS



**LIVE**<sup>23</sup>  
**WORKSHOPS  
& COURSES**  
**MEET THE EXPERTS!**

December 5, 2026

**Parkhotel Bremen**

## WORKSHOPS - SATURDAY

Program subject to changes

**December 5, 2026**

Room	Holler 1	IMC - Courses & Special Course
9.30 - 12.30		IMC - Course International Microsurgery Club The International Microsurgery Club (IMC) was established on May 6, 2016. The aim of the group is to provide a platform for global microsurgens for the update of knowledge and information
12.45 - 14.15		Special Course: Liposuction
Room	Holler 2	Meet the Expert - COURSES
9.30 - 11.00		1. Facelift Surgery
11.00 - 12.30		2. PRP - Update for 2027
12.45 - 14.15		3. Breast Augmentation
Room	Roland	Workshops - Aesthetics in the Focus - LIVE
9.30 - 10.15		1. ESWT (Extracorporeal Shockwave Therapy) in Plastic, Aesthetic and Reconstructive Surgery <b>KARSTEN KNOBLOCH</b>
10.15 - 11.00		2. Botulinumtoxin - Face
11.00 - 11.45		3. Filler - Face
11.45 - 12.30		4. Ultrasound assisted Injection
12.45 - 13.30		5. Exosomes meets Microneedling
13.30 - 14.15		6. Filler Decolleté

# IMC - Courses & Special Course

Saturday, December 5, 2026

Room Holler 1

# Meet the Expert - COURSES

Saturday, December 5, 2026

Room Holler 2

## COURSE 1

### IMC - COURSE INTERNATIONAL MICROSURGERY CLUB

The International Microsurgery Club (IMC) was established on May 6, 2016. The aim of the group is to provide a platform for global microsurgeons for the update of knowledge and information

**9.30 - 12:30**

Seats are limited to 18 persons per each Workshop

## COURSE 2

### SPECIAL COURSE: LIPOSUCTION

**12.45 - 14.15**

## COURSE 1

### FACELIFT SURGERY "3 REGIONS - 3 LAYERS CONCEPT"

**9.30 - 11.00**

**Serdar Eren**

In this course, Dr. Eren will explain his concept of facial rejuvenation through surgery, which he has been applying for 20 years, with all the details, tips, and tricks. He will demonstrate his "3 Regions 3 Layers concept" - organic facelift (without any additives) - which treats the face in 3 regions and different planes, reconstructing the aging face (returning to a youthful and vibrant appearance). He will show why and how the mid-face, the most important area of this concept, can be permanently surgically treated in the subperiosteal plane at any age. He will demonstrate his facelift concept step by step with videos and pictures, focusing on long-term results.



## COURSE 2

### PRP - UPDATE FOR 2027

**11.00 - 12.30**

**Lukas Prantl**



## COURSE 3

### BREAST AUGMENTATION

**12.45 - 14.15**

**Matthias Aust**



# Aesthetics in the Focus - LIVE

Saturday,  
December 5, 2026

Room Roland

## WORKSHOP 1

### ESWT (EXTRACORPOREAL SHOCKWAVE THERAPY) IN PLASTIC, AESTHETIC & RECONSTRUCTIVE SURGERY

9.30 - 10.15

Karsten Knobloch

This workshop highlights the role of extracorporeal shockwave therapy (ESWT) as an innovative adjunct in plastic, aesthetic, and reconstructive surgery. It focuses on its mechanisms of action, including the stimulation of angiogenesis, tissue regeneration, and improved wound healing. Additionally, it discusses clinical applications, treatment protocols, and my personal experience in integrating ESWT into daily practice for enhanced patient outcomes. **Live-Demonstration included!**



## WORKSHOP 4

### ULTRASOUND ASSISTED INJECTION

11.45 - 12.30

Peter Velthuis ( ESCAD )



## WORKSHOP 2

### BOTULINUMTOXIN - FACE

10.15 - 11.00

Seats are  
limited  
to 10 persons  
per each  
Workshop

## WORKSHOP 3

### FILLER - FACE

11.00 - 11.45

## WORKSHOP 5

### EXOSOMES MEETS MICRONEEDLING

12.45 - 13.30

## WORKSHOP 6

### FILLER DECÓLLETÉ

13.30 - 14.15

# ON FRIDAY EVENING... ...WE WELCOME YOU TO OUR GALA EVENING

in an exclusive wonderful location in  
Bremen nearby the Weser  
and the wellknown "Schlachte".

Let's have a wonderful evening with  
delicious food and beverages and  
fantastic music and interesting  
conversation with good friends.



**HAVANNA  
LOUNGE**

Start 19.30h

Havana Lounge  
Börsenhof

Am Dom 5, 28195 Bremen

<https://www.havannalounge.de/>



2,2 km



30 min

# The 8th SOAP<sup>29</sup> Gala ; Elegant & Artistic:

After the Unforgettable Extraordinary Success of  
our First-Ever Surgeon's Masquerade - The Magic  
continues.

From the Brilliance of the Surgeon's Masquerade  
to the Glamour of SOAP 2026 - Join us for a  
Legendary Gala Evening in Bremen!





**DGPRÄC**

The "German Society of Plastic, Reconstructive and Aesthetic Surgery" (DGPRÄC) is officially representing more than 1700 German Plastic surgeons both nationally and internationally. Founded in

1968 the society is officially representing German Plastic Surgery in politics and science. Only surgeons holding the German title "Specialist for Plastic and Aesthetic Surgery" or "Specialist for Plastic Surgery" are qualified for membership. Doctors in training may apply for "associate membership". (Endorsement)



**TPRECD**

The mission of the Turkish Society of Plastic Reconstructive, and Aesthetic Surgery is to provide safe, ethical, efficacious, and the highest quality patient care; to develop and support the domestic and international education; to promote the fields of Plastic Surgery, including cranio-maxillofacial surgery, orthognathic surgery, microsurgery, hand surgery, trauma surgery, surgery of the congenital anomalies, burns, oncologic surgery, and aesthetic surgery; scientific and clinical research; and to organize scientific and professional activities.

researchers from around the world, Cairo FACE provides a platform for sharing knowledge, exploring innovations, and mastering the latest techniques in facial aesthetics. With a commitment to excellence, our summit is where the brightest minds in the field come together to push boundaries, refine skills, and elevate standards in aesthetic medicine. [www.cairoface.com](http://www.cairoface.com)



**Cairo FACE**

Cairo FACE World Summit is a premier global conference and exhibition dedicated to advancing the science and practice of facial aesthetics. Bringing together renowned experts, practitioners, and

researchers from around the world, Cairo FACE provides a platform for sharing knowledge, exploring innovations, and mastering the latest techniques in facial aesthetics. With a commitment to excellence, our summit is where the brightest minds in the field come together to push boundaries, refine skills, and elevate standards in aesthetic medicine. [www.cairoface.com](http://www.cairoface.com)



**UMCG**

The University Medical Center Groningen (UMCG) was established in 2005 as a joint activity of the University of Groningen and the Academic Hospital Groningen (AZG). At present, the UMCG is one

of the largest hospitals in the Netherlands and the largest employer in the Northern Netherlands. More than 10,000 employees provide patient care, are involved in medical education and perform cutting-edge scientific research, focused on 'healthy and active ageing'. [www.umcg.nl](http://www.umcg.nl)

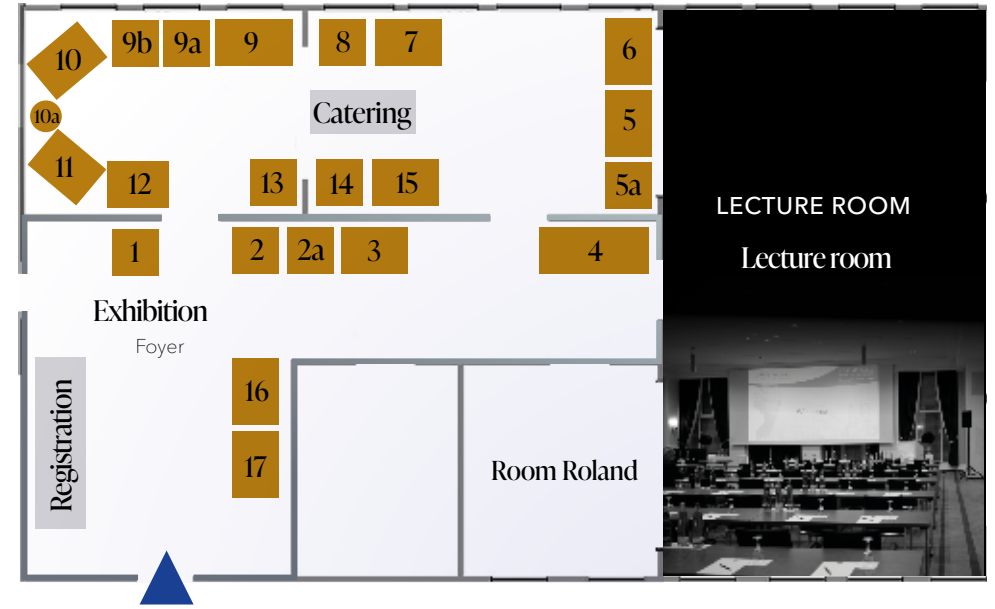


**ISAPS**

The International Society of Aesthetic Plastic Surgery (ISAPS) is the world's leading professional body for board-certified aesthetic plastic surgeons. Founded in 1970, ISAPS membership includes the world's

best known and respected reconstructive and aesthetic plastic surgeons in over 100 countries on every continent reflecting the true international mission of the organization. The Society was founded to provide a forum for the interchange of ideas and knowledge for the advancement of aesthetic plastic surgery. [www.isaps.org](http://www.isaps.org)

**FLOOR PLAN**



# We look forward to a wonderful congress together!


## CONTACT PERSON


We will be happy to assist you with all your wishes, questions and suggestions and look forward to talking to you personally:

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For more Information, visit our website:

[www.soap-meeting-bremen.de](http://www.soap-meeting-bremen.de)

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