

4. SOAP-Meeting

State Of the Art in Plastic SURGERY

Congresspresident: Prof. Dr. C. Can Cedidi



June 10 - 12
2021

B R E M E N

Summer
Special

Preliminary Program

DAY 1 ::: June 10, 2021

- 7.55 **Welcome** – Prof. Dr. C. Can Cedidi
- 8.00 **Greetings** from Nazim Cerkes – International Society of Aesthetic Plastic Surgery (ISAPS)
- 8.05 **Greetings** from Lukas Prantl – German Society of Plastic, Reconstructive and Aesthetic Surgery (DGPRÄC)
- 8.10 **Greetings** from Dennis von Heimburg – Association of German Aesthetic Plastic Surgeons (VDÄPC)
- 8.15 **Greetings** from Derya Özçelik – Turkish Society of Plastic, Reconstructive and Aesthetic Surgery (TPRECD)
- 8.20 **Greetings** from Carlos Oaxaca – Interactive Plastic Surgery Networking Society (IPSN)
- 8.25 **Greetings** from Claudia Bernhard – Health Senator of the City of Bremen

Lectures

- 8.30 .. The safest reduction technique for the individual patient
- 8.45 .. Success Points for breast augmentation
- 8.55 .. Introduction: Patients of the day – Heba Osama Mahmoud ::: Wasim Sakas

9.00 Operation I – Breast Reduction

9.00 Operation II – Breast augmentation mastopexy

11.00 Coffee Break

Lectures

- 11.30 .. Fat transfer: face-breast-butt
- 11.45 .. How to solve congenital and iatrogenic symmastia

12.00 Operation III – Post bariatric breast mastopexy

12.00 Operation IV – Capsular fibrosis

13.30 Lunch Break

14.30 Operation V – Non surgically Facelift

14.30 Operation VI – Lipofiling: breast, butt, face, hands

16.00 Coffee Break

Lectures

- 16.30 .. Cellulite – para surgical skin tightening techniques
- 16.45 .. Vaginal tightening, genital treatment and devices
- 17.00 .. Penis enhancement with autolog fat transplantation
- 17.15 .. Product analysis toxins and fillers
- 17.30 .. Male face with filler and co
- 17.45 .. Laser: Removal scars after breast reduction, tattoo...
- 18.00 .. Surgical lip lift
- 18.15 .. The empty ptotic breast

END OF DAY 1



Preliminary Program

DAY 2 ::: June 11, 2021

8.00 **Welcome** – Prof. Dr. C. Can Cedidi

Lectures

8.15 ⋯ Revision facelift – the most common mistakes

8.30 ⋯ Threads in the face, when?

8.45 ⋯ Botox in combination therapy

8.55 ⋯ Introduction: Patients of the day – Heba Osama Mahmoud ::: Wasim Sakas

9.00 Operation I – 3D Primary Rhinoplasty

9.00 Operation II – 3D Revisional Rhinoplasty

12.00 Lunch Break

13.00 Operation III – Facelift

13.00 Operation IV – Facelift

15.30 Coffee Break

Lectures

16.00 ⋯ Mesotherapy, indication, timing and technique

16.15 ⋯ Challenges in the midfacelift

16.30 ⋯ Tips and tricks face lift for men

16.45 ⋯ Blepharoplasty

17.00 ⋯ Submental lipolysis

17.15 ⋯ Concept of structural primary rhinoplasty

17.30 ⋯ Secondary low blepharoplasty

17.45 ⋯ Liposuction or cryolipolysis: follow up and results

18.00 ⋯ Facelift

18.15 ⋯ Rhinoplasty

18.30 ⋯ Advanced lower lidplasty indication tips and tricks

END OF DAY 2

DAY 3 ::: June 12, 2021

To be announced

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Invited Faculty

Dr. Nuri Alamuti	Wiesbaden	Privatklinik Alamuti/Scholz
Dr. Sixtus Allert	Hamel	Privatklinik
Dr. Guillermo Blugerman	Buenos Aires	Centro Medico B&S
Prof. Giovanni Botti	Saló	Villa Bella Clinic
Dr. Chiara Botti	Saló	Villa Bella Clinic
Dr. Barış Çakır	Istanbul	Burun Estetiği
Prof. Nazim Cerkes	Istanbul	Cosmed Clinic
Prof. Ayman Elmeligy	Bahrain	Gulf Gate Medical Complex
Prof. Detlev Erdmann	Durham, NC	Duke University
Dr. Serdar Eren	Istanbul	Health and Aesthetics Center
Prof. Günter Germann	Heidelberg	Ethanium Klinik
Prof. Moustapha Hamdi	Brussel	Brussels University Hospital
Prof. Per Heden	Stockholm	Akademikliniken
Prof. Markus Küntscher	Hohen Neuendorf	Privatklinik
Prof. Jörn Lohmeyer	Hamburg	Agaplesion Diakonieklinikum Hamburg
Prof. Charlotte Holm Mühlbauer	Munich	ATOS Privatklinik München
Prof. Magnus Noah	Kassel	Noahklinik
Dr. Kai O Kaye	Marbella	Ocean Clinic
Dr. Carlos Oaxaca	Mexico	Cirujano Plastico
Prof. Derya Özçelik	Sakarya	University of Sakarya
Prof. Jan Plock	Zürich	Universitätsspital Zürich
Prof. Lukas Prantl	Regensburg	Universitätsklinikum
Prof. Christine Radtke	Wien	Medizinische Universität Wien
Prof. Matthias Reichenberger	Heidelberg	Ethanium Klinik
Dr. Dirk Richter	Wesseling	Dreifaltigkeits-Krankenhaus Wesseling
Dr. Claudia Schaar	Wiesbaden	Medical One Klinik Wiesbaden
Dr. George Sulamanidze	Tbilisi, Georgia	Clinical Practice „Total Charm“
Prof. Luiz Toledo	Dubai	Shape Medical Center
Dr. Alexis Verpaele	Gent	Tonnard & Verpaele
Dr. Uwe von Fritschen	Berlin	HELIOS Klinikum Emil v. Behring
Prof. Dennis von Heimburg	Frankfurt	Praxisklinik Kaiserpfalz
Prof. Akin Yücel	Istanbul	Clinical Practice